



**INSIDE:**  
The four finalists for this year's Heisman Trophy are released  
**College Football, D5**

# Long wins award

## UVa senior recognized as best DE

The Associated Press

CHARLOTTESVILLE — Virginia senior Chris Long was named Wednesday as the landslide winner of the 2007 Ted Hendricks Defensive End of the Year Award.

The award is named in honor of the former Miami All-American, who was a teammate of Long's father with the Oakland Raiders from 1981-1983. Hendricks and Howie Long are both NFL Hall of Famers.

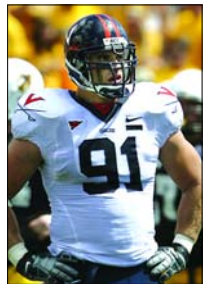
"My voters were very definitive in their decision this year, and I don't think they could have made a better choice," Hendricks said.

Long received more than 60 percent of the votes, the most in the award's six-year history, according to the Hendricks Foundation. The award is based on leadership, contributions to the school and the community, and on-field performance.

Long said he has heard his father talk about the passion Hendricks demonstrated on the field.

"I try to play to the same high standards at which Mr. Hendricks played," Long said.

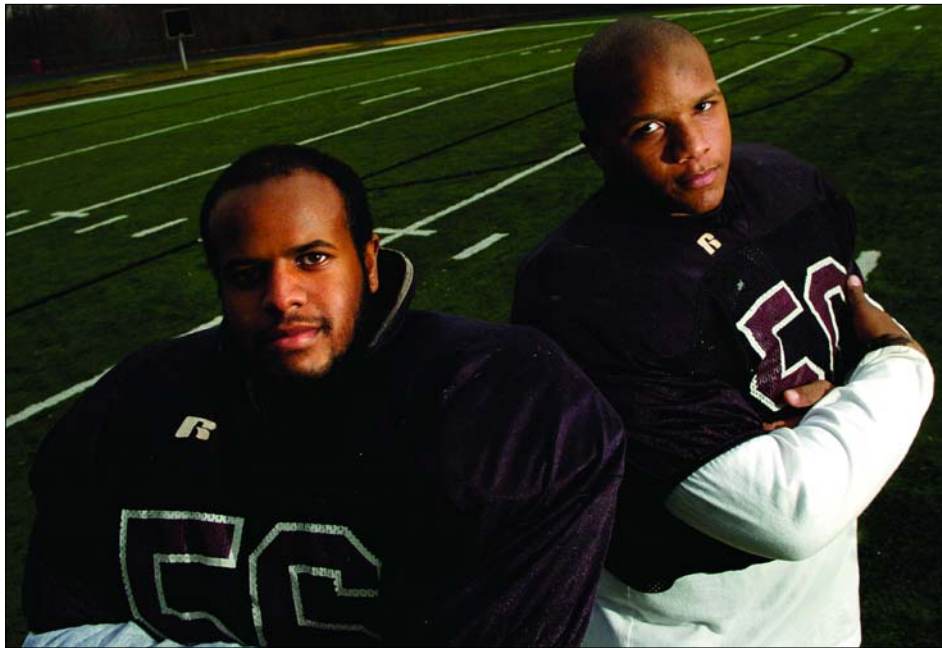
Long was the 2007 Atlantic Coast Conference defensive player of the year and the only unanimous selection to the All-ACC team. He led the ACC and was third nationally with 14 sacks. He also was first in the league and 10th nationally with 19 tackles for losses.



AP photo

UVa's Chris Long is recognized as the best in the country.

## HIGH SCHOOL FOOTBALL | Sacking a state title



Staff photo by Kim Raff

Senior defensive linemen Kyle Brown and Jamie Braxton have only one more game in their high school career, another chance at a state title.

# First line of defense

## The Lancers front-men do the dirty work

By Ted Allen  
tallen@newsadvance.com  
(434) 385-5527

AMHERST — Senior down linemen Kyle Brown, Jamie Braxton and junior Charles Eubanks don't have the most glamorous jobs on Amherst's football team and they don't get much of the glory after its victories.

But they do most of the grunt work on the front lines that allows the Lancers' linebacking crew to come through like heat-seeking missiles in pursuit of the

football.

"A lot of it starts up front," Amherst coach Scott Abell said. "If those three do a good job of helping us stop the run, that's a key. (When) we know they're throwing the football, then we can put pressure on them. If those three can hold their own up on the line of scrimmage, then that helps us in our stunt game."

Not that the linemen can't bring the blitz themselves, but they usually have their hands full trying to fight through five offensive linemen, who are often bigger, before getting to the ball carrier.

Please see DEFENSE, Page D6

Group AA, Division 4 State Final

**Sherando vs. Amherst**

Saturday, 4:30 p.m.  
Liberty University

*'You've got to be tough to play there in our system. We demand a lot of them. You've got to be quick and you've got to be athletic. And for Jamie playing nose guard in our system, he knows he's going to be double-teamed and sometimes triple-teamed, every down. That takes wear and tear on you over a season and throughout a game.'*

Scott Abell, Amherst head coach

## Randolph falls late

By Chris Humphreys  
chumphreys@newsadvance.com  
(434) 385-5558

Randolph College led visiting Eastern Mennonite for about 34 of the 40 minutes in Wednesday's men's basketball game, but it wasn't enough as the Royals slipped out of Lynchburg with a 57-53 victory.

The WildCats trailed 55-53 — the first time they were behind since the score was 2-0 — and had the ball with 14.4 seconds after forcing a shot clock violation by Eastern Mennonite (3-2).

Randolph's Pete Hamilton flared off of a screen and found himself wide open for a poten-

tial game-winning shot but came up short with 2.6 seconds on the clock.

"We had a kid that is a very good shooter get a shot, and any other time I'm 100 percent confident in his ability to make that shot," WildCats' coach Clay Nunley said.

"(The players) all think it is the end of the world right now, but we did a lot of positive things and grow from that. They are six game into their college careers."

Please see RANDOLPH, Page D2

## Men's College Basketball



AP photo

Lars Mikalauskas (11) tried to help his team from losing at home.

## Singletary battles flu-like symptoms as Cavs fall

Virginia loses first game at home since Stanford in '06

By Andy Bitter  
abitter@newsadvance.com  
(434) 385-5535

CHARLOTTESVILLE — Virginia fans have become so accustomed to greatness out of Sean Singletary that on the rare occasions that he struggles, like he did mightily Wednesday against Syracuse, battling flu-like symptoms so severe he required an IV after the game, it's shocking.

**Syracuse 70  
Virginia 68**

Cavaliers have lost in the two-year history of the John Paul Jones Arena.

Please see CAVS, Page D3

### WHAT'S IN THIS SECTION

#### Liberty Basketball

Flames senior Courtney Watkins is helping her team to a 7-1 record  
**Liberty Notes, D3**



#### NFL

Jason Campbell Redskins have a short turnaround as they host the Bears tonight  
**Page D4**



Miguel Cabrera and Dontrelle Willis are officially the newest Detroit Tigers  
**Page D2**



Today's **TOP** TV games



NFL: Bears @ Redskins  
8 p.m., NFL Network  
MBB: LSU @ Villanova  
9:30 p.m., ESPN